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**MIDAMERICAN**  
ENERGY COMPANY

MERCYONE

2019-20 IOWA WILD

# SCHOOL DAY WORKBOOK



# CRASH'S KIDS CLUB

AGES 12 & UNDER

## GREEN MEMBERSHIP

PRICE: FREE

- Membership Lanyard
- 1 Free Ticket to Four Kids Club Games
- Crash's Mystery Prize

AND MORE

## GOLD MEMBERSHIP

PRICE: \$19.00

- 1 Free Ticket to All Kids Club Games
- Invitation to Exclusive Crash's Kids Club Event
- Crash's Kids Club T-Shirt • IA Wild Puck

AND MORE



BECOME A PART OF CRASH'S CREW BY JOINING THE KID'S CLUB! CONTACT EVE SLOAN AT 515-564-8740

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This workbook is designed to provide students with a resource guide about the Iowa Wild hockey program, as well as the sport of hockey. It is our sincere hope the students draw on the resources within the workbook and the provided source materials to expand upon their reflections and responses. The activities provide cross-disciplinary opportunities for students to write about what they read, solve problems and analyze print, as well as online resources. The workbook highlights a student's ability to interpret, analyze, compare/contrast, describe, explain, and investigate resource materials.

# HOCKEY 101

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**Barn:** Hockey arena

**Beauty:** A real character in the dressing room or on the ice

**Biscuit:** Hockey puck

**Celly:** Hockey celebration

**Chiclets:** Teeth

**Chirp:** Term for trash talking

**Clapper:** Slap shot

**Dangle:** Stick-handling term for a slick move

**Drop Pass:** Puck carrier leaves the puck behind for a trailing teammate to pick up

**Five-Hole:** The spot between a goaltender's legs

**Greasy Goal:** An "ugly" goal that usually comes off a bounce or a scramble in front of the net

**Hat Trick:** Three goals scored by one player in one game

**Muffin:** A weak pass or shot

**Power Play:** Opponent is shorthanded due to a penalty, the home team has a manpower advantage

**Saucer Pass:** An aerial pass to a teammate

**Slot:** Area in front of the net

**Top Shelf:** When the puck is shot into the top portion of the net

**Twig:** Hockey stick

# Be a crusader for health!



An Anthem Company



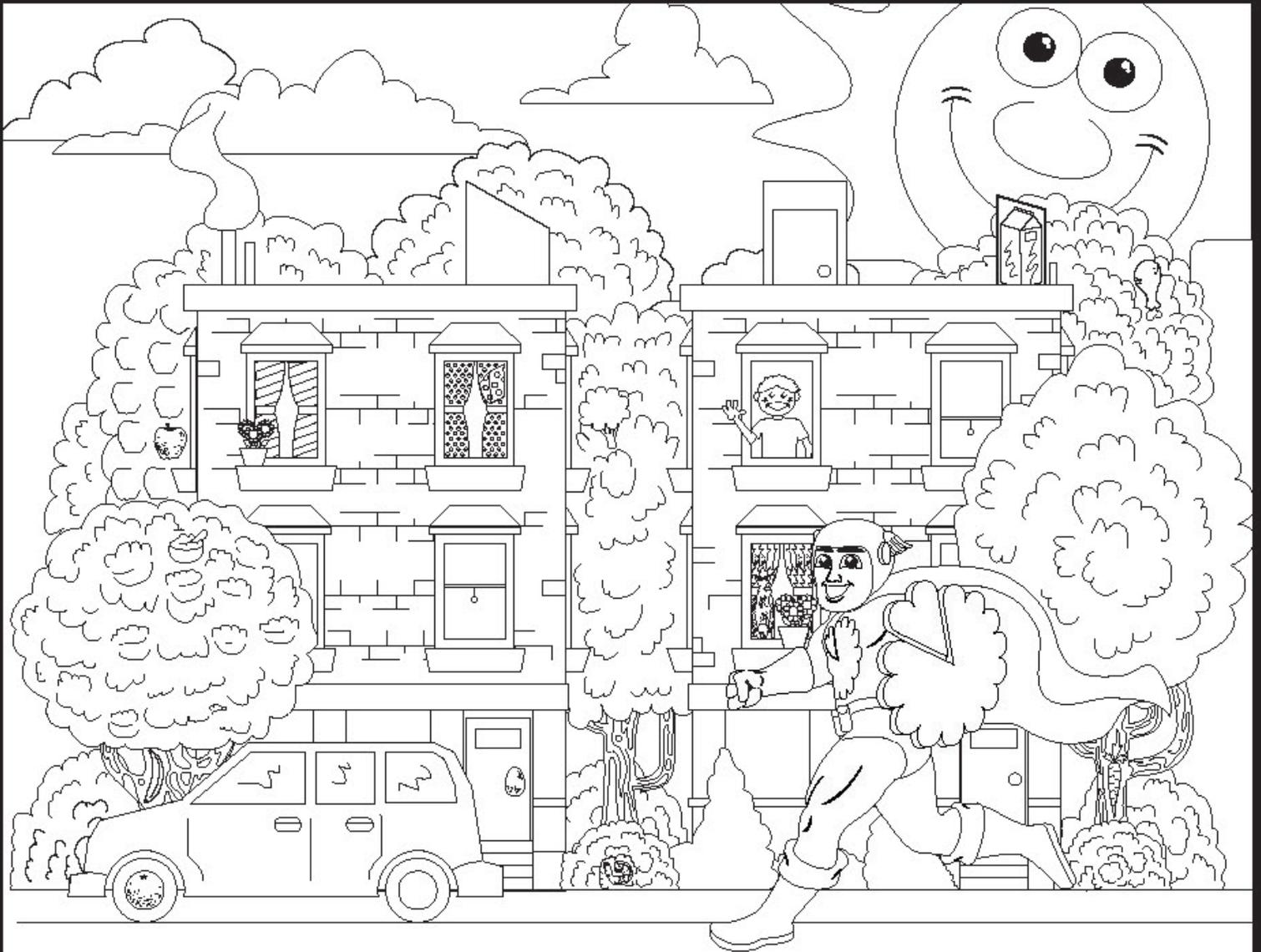
1-800-600-4441 (TTY 711)  
[www.myamerigroup.com/IA](http://www.myamerigroup.com/IA)

Do you need help with your health care, talking with us or reading what we send you? We provide our materials in other languages and formats at no cost to you. Call us toll free at 1-800-600-4441 (TTY 711). For help choosing a health plan, call 1-800-338-8366 (TTY 711) for IA Health Link or 1-800-257-8563 for **hawk-i**.

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos sin costo alguno para usted. Llámenos a la línea gratuita al 1-800-600-4441 (TTY 711). Si necesita ayuda para elegir un plan de salud, llame al 1-800-338-8366 (TTY 711) para IA Health Link o 1-800-257-8563 para **hawk-i**.

Captain Amerigroup says,

**“Can you find the hidden foods that are part of the 5 food groups?”**



The 5 food groups that keep your body healthy and fit are fruits, vegetables, whole grains, meats, and dairy. Can you find these foods in your neighborhood?

- Cheese
- Oatmeal
- Orange
- Broccoli
- Milk carton
- Carrot
- Apple
- Banana
- Shrimp
- Fish
- Chicken leg
- Egg



# HOCKEY WORD SEARCH

Find the Hockey 101 terms below in the word search to the right

## WORD BANK

CLAPPER BISCUIT

DANGLE Celly

GOAL CHICLETS

MUFFIN BARN



# SLAPSHOT SCRAMBLER

Unscramble the Hockey 101 terms below and arrange the circled letters to solve the last scramble.

R H I C P

			○	
--	--	--	---	--

T E H C I L S C

						○	
--	--	--	--	--	--	---	--

U A R E A S P S S C

	○							○	
--	---	--	--	--	--	--	--	---	--

L T O S

		○	
--	--	---	--

L C Y E L

		○		
--	--	---	--	--

An "ugly" goal that usually comes off a bounce or a scramble in front of the net.

G ○ ○ ○ ○ Y

G ○ A ○

# HOCKEY MAD LIBS

Fill in the lines with the parts of speech listed below. Read the paragraph when you are finished to see how your answers turned out.

My name is \_\_\_\_\_ and I attend \_\_\_\_\_ school. I am \_\_\_\_\_ years  
proper noun noun number  
old and I am a(n) \_\_\_\_\_ student. Today I am going on a \_\_\_\_\_  
adjective noun  
to the Iowa Wild game. The Iowa Wild \_\_\_\_\_ hockey at the Wells  
plural verb  
Fargo Arena in \_\_\_\_\_, Iowa. The team's colors are \_\_\_\_\_,  
city color  
white and \_\_\_\_\_. The team's mascot is \_\_\_\_\_, who wears  
color proper noun  
number \_\_\_\_\_.  
number

# HOCKEY ADJECTIVES

Adjectives are words used to describe a noun.  
Write an adjective on each line to describe the hockey player.



Write a sentence using each of the adjectives you wrote above.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

# JUMBLED JERSEYS



1. DUHAIME  
+ BOKA  
= \_\_\_\_\_

3. MCLEOD  
+ BAUMAN  
= \_\_\_\_\_

5. MCLEOD  
- ANAS  
= \_\_\_\_\_

7. ANAS  
x BOKA  
= \_\_\_\_\_

2. BAUMAN  
+ BOKA  
= \_\_\_\_\_

4. DUHAIME  
- ANAS  
= \_\_\_\_\_

6. BOKA  
- ANAS  
= \_\_\_\_\_

8. BAUMAN  
÷ BOKA  
= \_\_\_\_\_

# WILD DEN MATH



\$60.00



\$10.00



\$20.00



\$20.00



\$30.00

JOHN WANTS TO BUY A STICK AND A WINTER HAT. HOW MUCH WILL THAT COST?

---

JESSICA HAS \$30.00. SHE WANTS A SHIRT AND A BASEBALL HAT. WILL SHE HAVE ENOUGH MONEY TO BUY BOTH THE SHIRT AND BASEBALL HAT?

---

ZACK HAS \$125.00 AND WANTS TO BUY A SWEATSHIRT, SHIRT AND A SNACK. IF HE BUYS THE SWEATSHIRT AND THE SHIRT, HOW MUCH MONEY WILL HE HAVE LEFT OVER TO BUY A SNACK?

---

KELLIE IS AN IOWA WILD SUPER FAN AND WANTS TO BUY EVERY ITEM LISTED. HOW MUCH MONEY DOES SHE NEED?

---

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# HOCKEY SCIENCE

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Friction is the resistance that one surface or object encounters when moving over another; like two hands rubbing together or air slowing down a car.

There are two main types of friction: static friction and sliding friction. Static friction opposes any attempt to move a stationary object along a surface. An example would be someone trying to push a heavy bookshelf. Sliding friction is where a force opposes the sliding motion of two surfaces rubbing together. Riding a bike on the sidewalk would be an example of sliding friction.

**Based on the information you just learned about friction, determine which type of friction is being used below. Circle the correct answer.**



STATIC

SLIDING



STATIC

SLIDING



STATIC

SLIDING

Players require a lot of energy to skate, shoot the puck and win a hockey game. Energy is the capacity to do work.

There are two types of energy: kinetic and potential. Kinetic energy is created due to motion. An example would be a speeding train. Potential energy is stored energy. An example would be a train waiting to leave the station while passengers board.

**Label each picture to the right with which type of energy is being used. Circle the correct answer.**



KINETIC

POTENTIAL



KINETIC

POTENTIAL

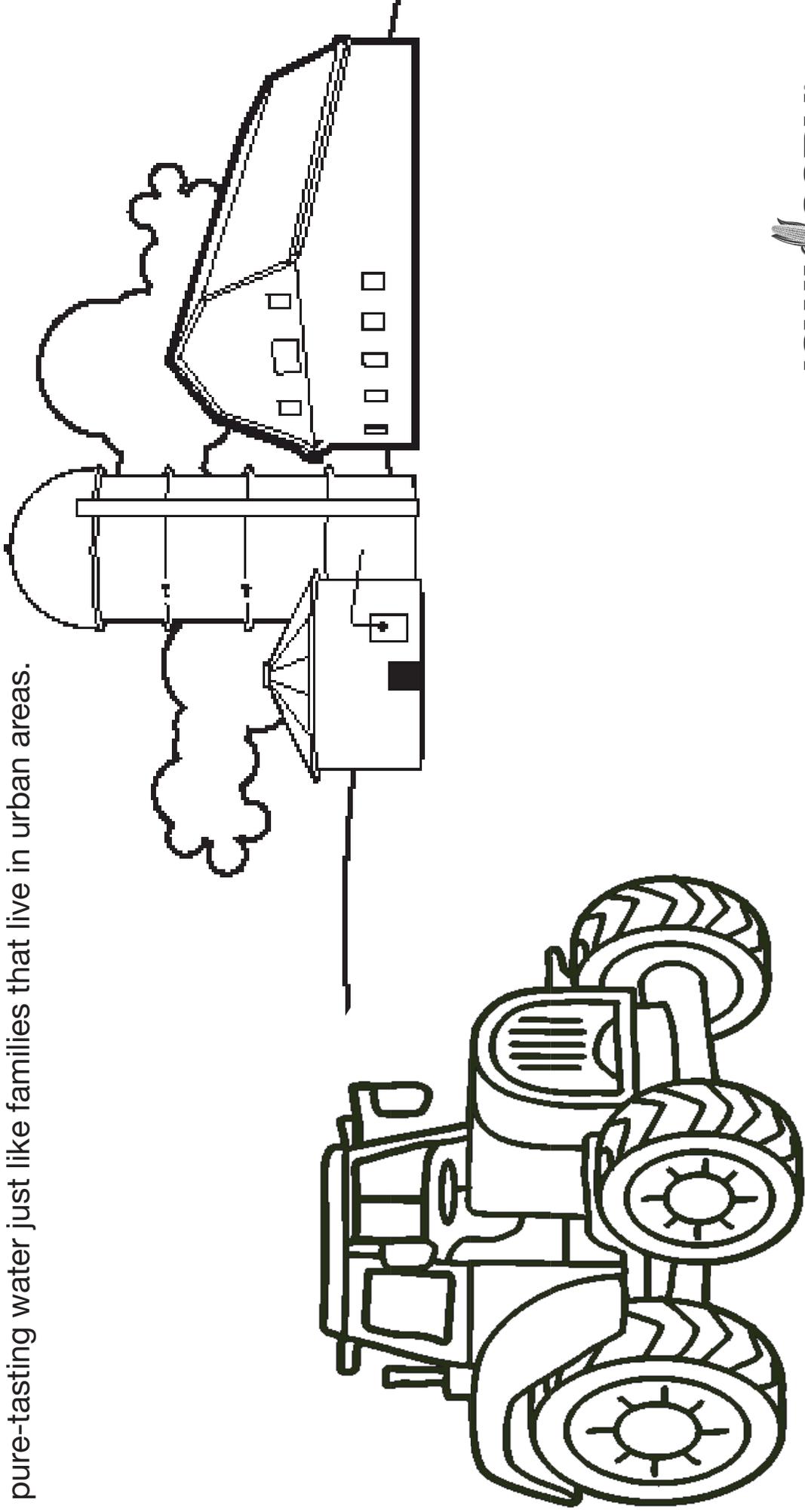
# ENVIRONMENT:

**Iowa Farmers Care about the Water We Share:** Iowa farmers are committed to improving their soil and quality of water for all Iowans to share.



# FAMILY FARMING:

**Did you know that almost 97% of all corn grown in Iowa comes from farms that are family-owned and operated? Iowa farm families want pure-tasting water just like families that live in urban areas.**



# GEOGRAPHY GOAL

Watch the videos throughout the game to complete the chart and map below.

#	PLAYER	POS.	HT.	BIRTHDAY	BIRTHPLACE
29	Keaton Thompson	D	6-1	9/14/1995	_____
60	Matt Robson	G	6-3	3/26/1996	_____
11	Nico Sturm	F	6-3	5/03/1995	Germany
28	Dmitry Sokolov	RW	6-0	4/14/1998	_____
34	Kaapo Kahkonen	G	6-2	8/16/1996	Finland



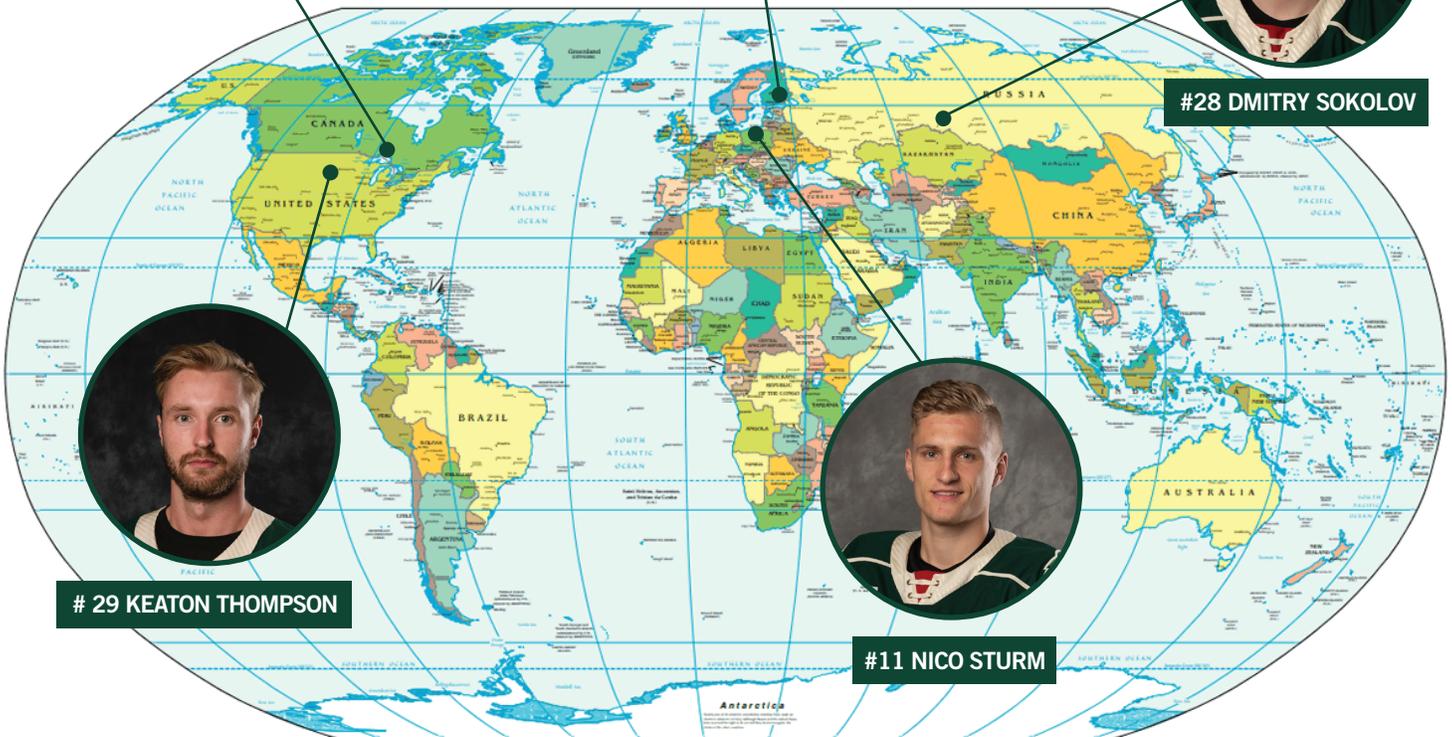
#60 MATT ROBSON



#34 KAAPO KAHKONEN



#28 DMITRY SOKOLOV



# 29 KEATON THOMPSON



#11 NICO STURM

# BITTEN, DEWAR & YOU

Fill in the blanks below with your favorite things and compare them to Will Bitten's and Conner Dewar's favorites!

## YOUR FAVORITES

BIRTHDATE: \_\_\_\_\_  
BIRTH PLACE: \_\_\_\_\_  
CANDY: \_\_\_\_\_  
TV SHOW: \_\_\_\_\_  
MOVIE: \_\_\_\_\_  
SONG: \_\_\_\_\_  
ATHLETE: \_\_\_\_\_

## WILL BITTEN'S FAVORITES



BIRTHDATE: 7/10/1998  
BIRTH PLACE: Gawa, Ontario  
CANDY: Skittles  
TV SHOW: Riverdale  
MOVIE: Step Brothers  
SONG: Sunrise by Kygo  
SUPERHERO: Iron Man

## CONNER DEWAR'S FAVORITES



BIRTHDATE: 6/26/1999  
BIRTH PLACE: The Pas, MB  
CANDY: Reeses Cups  
TV SHOW: Entourage  
MOVIE: Batman: Dark Knight  
SONG: Springsteen by Eric Church  
SUPERHERO: Batman



# AHL HISTORY

- 1.** The AHL's first season was in 1936 and was formed as a mutual merger of the Canadian-American Hockey League and the International Hockey League.
- 2.** In its origins, the AHL iced eight teams: Springfield Indians, Philadelphia Ramblers, Providence Reds, New Haven Eagles, Buffalo Bison, Syracuse Stars, Pittsburgh Hornets and Cleveland Falcons.
- 3.** In its 84-year history, more than 130 teams have played at least one season in the AHL.
- 4.** The Hershey Bears is the oldest current franchise, playing its first season in 1938.
- 5.** Des Moines has been home to two other AHL teams; the Iowa Stars and the Iowa Chops.
- 6.** During the 2018-19 season, 87.7 percent of all NHL players were graduates of the AHL.
- 7.** At the beginning of the 2019-20 season, there were 622 AHL graduates on NHL opening night rosters.
- 8.** Twenty-three of the 31 NHL head coaches are graduates of the AHL.
- 9.** The AHL is the largest its ever been with 31 teams and will bring a franchise to Palm Springs, CA to expand to 32 teams in 2021-22.
- 10.** The AHL championship trophy is called the Calder Cup. The Hershey Bears were the last team to win the trophy two years in a row in the 2008-09 and 2009-10 seasons.

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**READ THE 10 FACTS ABOVE to answer the following 5 questions.**

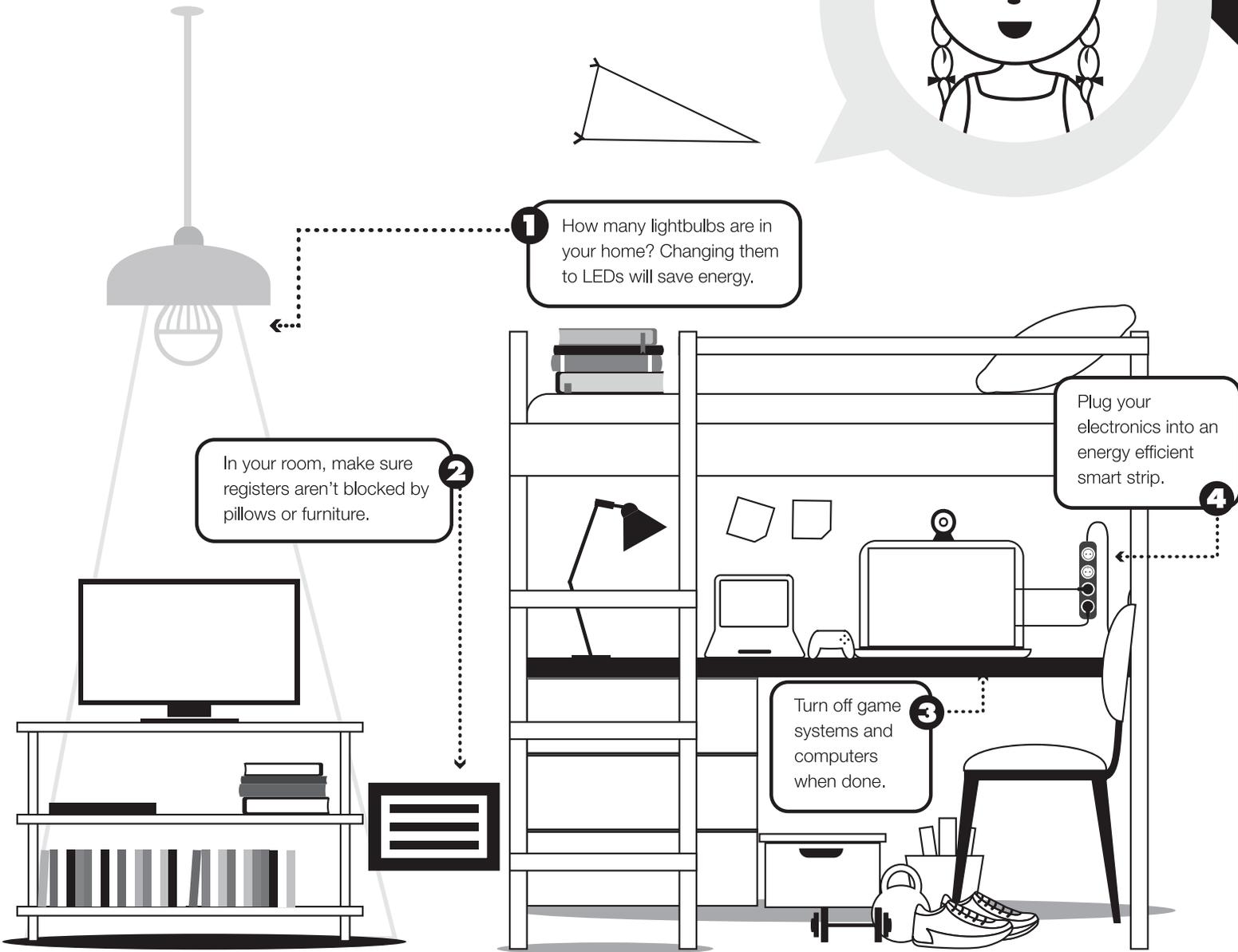
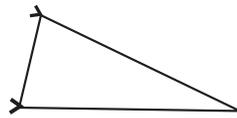
- 1.** What year is the AHL first season? \_\_\_\_\_
- 2.** In the 2018-19 season, what percentage of the NHL played in the AHL? \_\_\_\_\_
- 3.** How many teams are currently in the AHL? \_\_\_\_\_
- 4.** Besides the Iowa Wild, what two other teams played in Des Moines, IA? \_\_\_\_\_
- 5.** What is the name of the AHL championship trophy? \_\_\_\_\_

# SPOT THE DIFFERENCES

Circle the eight differences you see from the two pictures shown below.

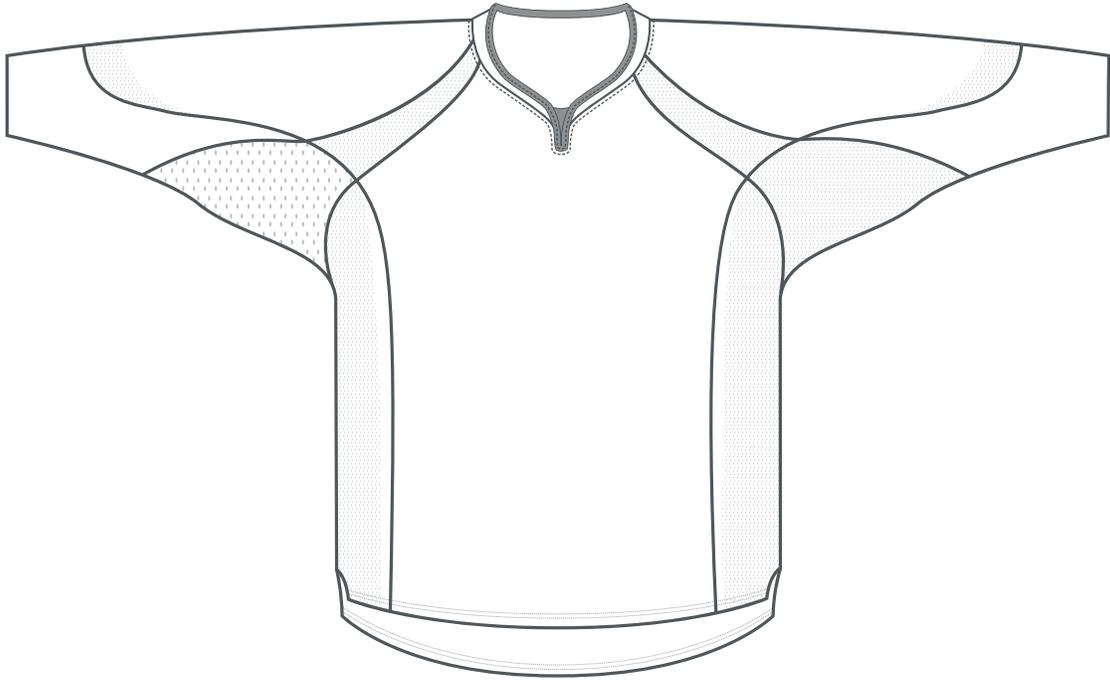


# ENERGY SMART KIDS **SAVE ENERGY AND MONEY**

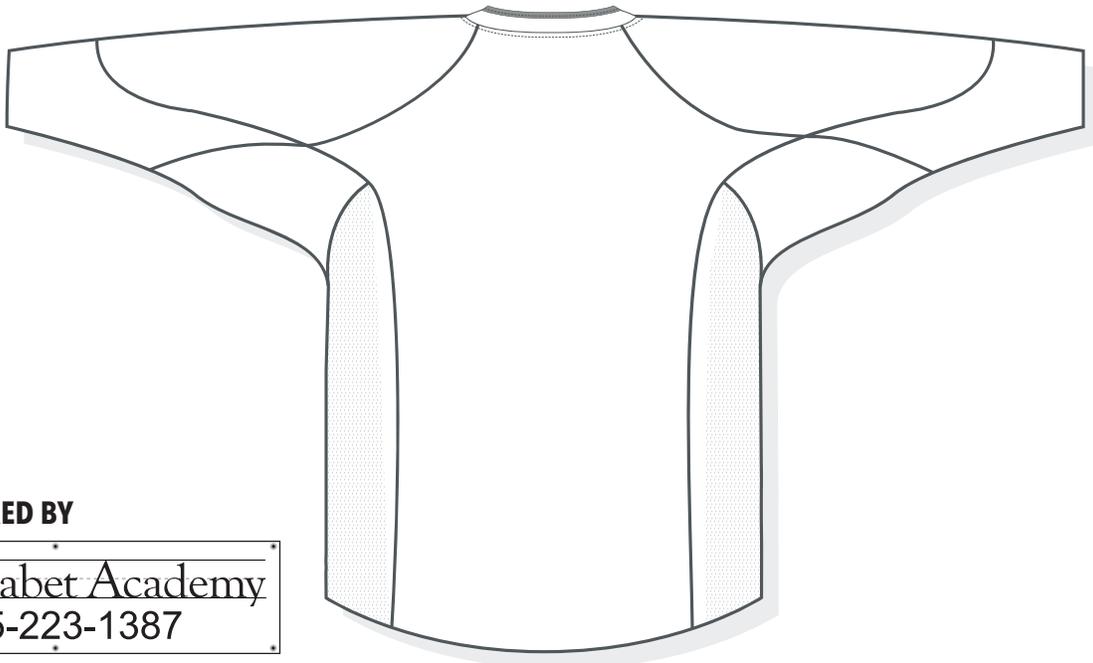


# CREATE A JERSEY

FRONT



BACK



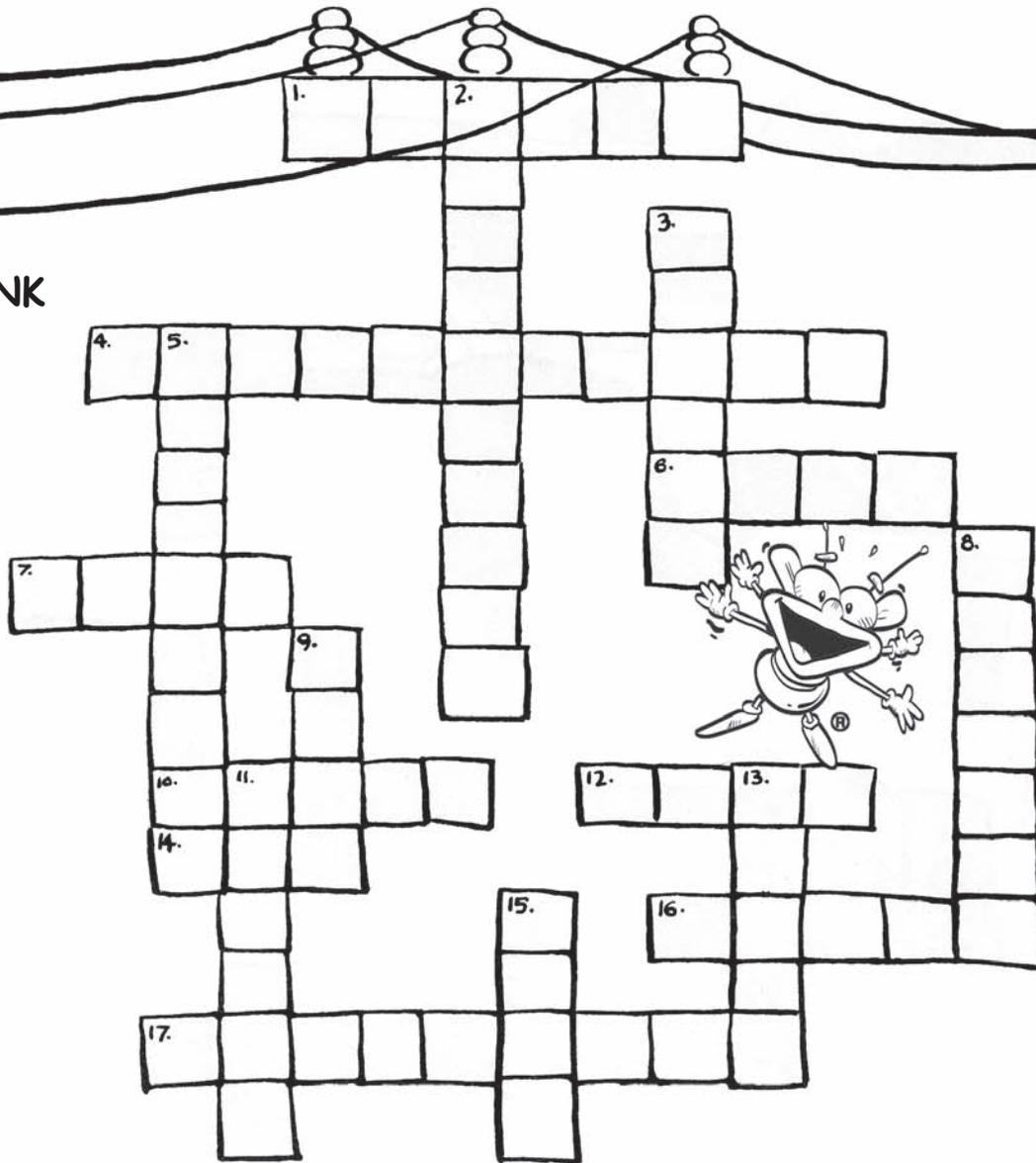
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# CROSSWORD PUZZLE

Use the clues and the word bank to complete the crossword puzzle.



## WORD BANK

switch  
fingers  
plug  
corn  
outlet  
water  
cord  
generator  
down  
winds  
Louie  
coal  
atoms  
power lines  
bee  
expert  
kite  
bug  
electricity  
light bulb

## ACROSS

1. What is Louie on safety and electricity?
4. Louie teaches us about this.
6. A plug should never be pulled out by this.
7. Never fly this around power lines.
10. Our lightning bug's first name.
12. When power lines are like this don't hang around.
14. What is Louie?
16. Nuclear plants produce electricity by splitting these.
17. What actually makes the electricity?

## DOWN

2. Never climb trees around these.
3. What turns on a light?
5. Electricity makes this burn.
8. These should never be put in an outlet.
9. The only thing that should go in outlets.
11. Overloading this with too many plugs can be very dangerous.
13. What turns the turbine in hydroelectricity?
15. Electricity is made by burning this.

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